

Feb. 26, Tuesday

Bad head cold. Called some stations w/ current clearance declarations.

Received spots for H. Alesky of Optm. Aron got some good promos on the air.

Saw Cotton Club (Bad!) watched Jimmy and Aunt toke.

Feb. 27, Wednesday

Didn't run - Beautiful morning - another slow one.

Call from Mom and Jerry. She and Dad had been in a "minor" traffic accident. Neither were apparently hurt badly. Thanks.

February 28, THURSDAY

Lv. for Dallas and Chris' Wedding this PM.

Yesterday success: "Clearance" of 3pm spots @ DTR.

Feb 29, (Fri) - March 3 (Sun)

Chris & Becky are now married. Want to recount all that happens during this weekend. Maybe some impressions:

- incredible traffic, more traffic, always traffic - everything centered around TRAFFIC.
- IN-LAWS and relatives
- the good life: Chris and Becky have what appear to be super jobs.
- a super view from top of Chris' office
- opulence at the Ametole Hotel
- warm sun beside the pool.
- lots of beer (too much?)
- a little whining by Steve (sigh).
- and always, more traffic.

B. Came home with some doubts about what she's doing with her life. Doesn't feel good about saying she's a nurse. Wants to do more. I said go ahead. I know the feeling well.

It used to come home from trips and vacations glad to be back; itching to get back on the air. Parity to go. I confess to something less than that enthusiasm as GM.

It seem to be in my misplaced DJ mood again. It hope it can keep riding this out. So much is in the balance: new career at 38; house payments on a DJ job. Sigh.

And yet, it feel that god, or providence or the fates brought me to this point and it must roll it out. It somehow feel my destiny is unfolding. Certainly it am developing skills and expertise it might not gather anywhere else.

It must leave time for quiet thought and reading. The right path will appear some.

March 5, Tuesday

Breakfast. Cold Army. Yesterday success? Can't point to one particular success. It made some moves back to my routine. Listened to A-5 tape. Went to bed early. Wrote some letters. A nice evening. Folded clothes, over winter pants. Travel shoes.

Learned yesterday that M.K. is still doing some complaining. Time will tell.

March 6, Wed

FFL and a good breakfast. Lunch today with F. Newell, GM @ KJMO. It see myself calm, relaxed, not talking too much. It see his reception to idea of becoming a monet station.

Cuba Plus afternoon.

March 7, Thursday

Cuba was a good trip. So typical. Home late but it feel good about affiliate work. Nice lunch w. F.N., an important 1st step.

March 8, Friday

37 yrs. When. That's awfully close to being a grown up.

Propaganda meeting went reasonably well last night. Felt very good to the end. Then Mike & Pat started on spots. It should have put it off since B. and it am tired.

It must not let them get to me. It must stay objective at this.

The most difficult action is almost always the correct one.

I have to stop "worrying" about these things. I wonder if I layed this kind of stuff on C.E.

He just kept rolling and didn't sweat this stuff or appeared to.

What's the worst that could happen? They all quit. And... and we hit some more. So.

Let's talk about something else:

37 yrs old today. Bought 2 papers for my two scopes. Went to ITC and had a good run. Low/no cholesterol breakfast. Full goat. This is one of those milestones for making important changes in your life. What would I like to do.

1. Worry less.
2. Be more confident & assertive.
3. Eat better
4. Drink less beer
5. Play more basketball
6. Read more
7. Laugh more
8. ?

So all things are possible. I only have to persevere, and I can, and I will.
Happy Birthday Steve!

Jeff's farewell party was very nice. My memo was pretty good, I think. It ain't gonna be the same. I suppose I sense Jeff's leaving is an important development. Tom will tell. I must remember to put my half today is your birthday & in this record.

Nice quiet birthday with Donk. She cooked a steak etc. Bought a nice tie and the sitting duck poster & so admired.
A good birthday.

Date

March 7, Saturday

Met with Andy Luban, Bill Weaver and his crew. It went better than I had hoped. Much discussion. Exposed all to some fresh idea about news. Really good. Got to about 8 as my success for the weekend.

Saturday night: down to the lake for benefit basketball game with HMS crew. Very typical. Rough game. Almost got my nose broken but got back in the game. Good to be playing again.

March 10, Sunday

Slept till Dawn. Joel Shoney's breakfast. Nap till 3pm. Mary, Rainy day. Nick. Saw Witness. As so.

March 11, Monday

Another rainy morning. A blow of FFL. I hope I don't lose my resolve on this. On a more positive note, I did go for cereal and juice instead of bacon and eggs.

Pillow talk: Barb now shares my doubts about careers. Neither of us are sure we're doing what we want to do.

I confess, I'm not positive I want to go back to making \$6,000 a year again.

I need to read more - listen to tapes more - think more - worry less about myself and be thankful for winter before blessing.

Schedule a visit home. Make it part of an affiliate swing. Include KWEE and KWOC.

This is a test. Got it out!

March 12, Tuesday

Mont. City, Mexico, and Monroe City today. See trip notes for details. I think I established some solid rapport with these three stations.

Nice meal @ the Ben Foley hotel in Kirksville. Crumbly room and not that much cheaper. Next time - fuck it!

My today visit with Vera goes as well... I really think I'm pretty good @ this off il. work but boy I hate the tag situations. The next see is the wrec I'll be.

March 13, Wednesday

Kirksville (17,000) had the makings of a good station. It was impressed with a couple of their people. All lost program clearance. See report in file.

Murphy was different. Very small station in the boomer but nicely set up. Long thoughtful drive home. Call from Nancy and letter from Mom.

A good trip.

Still not back on track with my auto-sugg. tape; or beer drinking. Keep working!

March 14, Thursday

All Mom breakfast. Bright Sunshine!

OK, OK. The day wasn't bad, just my reactions. Did get a lot done. Good bye beer w. Jeff and Amy. What an awful feeling. Barb and I both seem to have fallen into some kind of depression. She now has serious doubts about running & my uncertainty about what this thing has ~~disappeared~~ ^{reappeared}.

I am trying to hang on and plan to talk to Chalk - maybe to recharge my batteries. Kristianet. I know I have to keep busy, active and think less of myself and more of others. Plus, I must stop with the beer and get back to my tape and prayer. And exercise. Perhaps a vacation is a new?

Enjoyed playing pinball at The Welcome Inn. Maybe B. and I need a trip home? Well, Bruce, you've got your wealth.

March 15, Friday

Must not have been too excited - all I can remember is our visit to Scott Thompson CPA. I liked him. Watched couple of VCR tapes. Fine.

March 16, Saturday

Worked a couple of hours Sat. a.m. Nice breakfast w. Barb. goofed off and napped Saturday P.M. Mexican with Patty and Dan. Had a good time. Went to a dull party. I should not have driven home. I must think of Barb - and my job.

March 17, Sunday

Reading Battlefield Earth by L. Ron Hubbard.
Looked @ a few houses. Ripped.
Wash supper, laundry, etc.

A quiet weekend.

March 18, Monday

Run PFL! Back in the groove. Cereal for
breakfast! Feel good. Glad to be alive.
I'll get back on my tape tonight.

Interesting sales meeting. Robert wanted a
little. Jeff Smith where are you?

Lunch with nip.

Looked at house. I could go with it. But
not "in love". Almost not pursue Bob.
Some on her career decision. She has been
so supportive of me over the years.

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MARCH 19, TUESDAY

Beautiful morning. Good breakfast. I have
really cut back on Bacon and eggs.

Something good is going to happen today!

March 20, Wednesday

Ran. Good low chol. breakfast. Listened to
tape last night. Spent a big part of yesterday
in meeting.

Still spending lot of time on OGO. Don't give up
yet.

The time has come to stop worrying about
every little problem in the news room.
Stay tuned.

Dan Shelly coming by today. Bob and I will
have coffee w. him.

Visited Dillewids. Bought a knife block for Barb
& she bought the new narrow Magee for me.
A great kid.

March 21, Thursday

Good nights sleep. Good breakfast.

Yesterday success: told staff to work out their own problems - or to try to - before coming to me.

Another flash of insight: the real challenge is to not embarrass the affiliates. They don't really care all that much about who is doing the news, so long as it's there on time.

So I must rededicate myself to NOT accepting resp. for the actions of happiness of others.

March 22 - 24 FRI - SAT - SUN

Yeah, I know. Discipline. It was a hell of a short week and a quite quiet weekend.

Birthday Party for L. Malinowski. at Amy S. Keven Meyer, Mary Jankovic and a friend of Amy's I met at Kevin's Party. Seemed like a nice guy. First impressions can be deceiving. Home early.

Friday night Dan M came over - we watched Apocalypse Now and drank some beer.

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Saturday I slept and read. Barb was doing nights. Sat night we had Kevin's party. a lot of bitching about R. Fowler. Typical. How often have I done this?

Sunday: read Lonely Silver Rain, the new travel Magpie book. Pretty good!

Still working on Battlefield Earth.

Some things I need to do:

- ✓ 1. Pick up book @ Waldenbooks.
2. Buy grease for Toyota
- ✓ 3. Call Sharp management.
- ✓ 4. Wash some clothes.
5. Write letters
6. Re-do goal of Cards
- ✓ 7. Listen to tape
- ✓ 8. Call the Council
9. Pray and Meditate.
10. Things I can do something about -
Things I cannot

March 25, 1985 Monday

Handled the angry call from KSCS very well. I kept my mouth shut for the most part. Finished up the Foster Parent spots.

Bob and I plan to look @ another house - I have a feeling about this one. Got to be willing to take a chance.

The worst: foreclosure and loss the house. I'd still have bank, my job, my health and my skills & talents.

Remember to ask your self into which column an event falls. things you can do something about
things you cannot do something about.

everything problem is an opportunity: if M. leaves, we have the opportunity to get an even better replacement.

Focus on the rewards of success.

March 26, Tuesday

Worked at Delores' Mean House. Hated it. Long, Boring day @ work. Ready for Road trip.

March 27, Wednesday

Arvoa - man felt heel been screwed. Maybe he had. Listened

Carthage - good man.

heosho - wonders if the scales will continue to balance in favor of network.

March 28, Thursday

W. Pleins - good broadcaster; engineer; very positive.

Birch Tree - head to mouth; we are very important to her.

Had a nice visit w. Tom Colvin in Polla. We were both happier now. It was pleasant to have a time behind us that was both tense

and exciting.

March 29, Friday

Rain. Canceling trip to Salem. Slept in & didn't run. Very glad to be alive. Long phone conversation with John P. last night. Nothing new - seems the boy doesn't do much better than, does?

Still wanting to talk to Blaine re his plans. Mixed feelings. Spent a nice few min. at desk yesterday sitting on the "front porch".

Look at house w. D.P. tomorrow. (?)

March 30, Saturday

Went to work this morn. AC people were in. all went well and there's every reason to believe it will be cooler on the 3rd floor this summer. Should be less expensive than them & original thought.

And Chloe came in and "caught" me working on Sat.

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NCAA and a nap Saturday PM. Went to lake that night with Dan & Patty. Blue Herons. Good but not of such.

Caught on loan or so of Dan & Sybil and then came home.

Looked @ the house Sat. AM with D.P. She said go for it. Barb thought about it but wants more yard than this house has. All things work for the best.

March 31, Sunday

March is going out like a lion. Yep, it came in lamb-like. Went to church w. Barb but couldn't get my mind right. Sigh. I could sure use a little more time in prayer and meditation.

Something to work on. Reading Battlefield Earth by L. Ron Hubbard. 1000+ pages. Wow.

Slept some. Generally fazed off.

April 1, Monday

Crip, cold morn. Rem @ FFL. Had a low cho. breakfast - Thought of several things this morn - if it really mis day air work, I should try for some part time work @ one